

OHIO RACEWALKER



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International News

Arenas, Arevalo Shine at South American Games

Santiago, Chile, March 13-15—Colombia swept the gold and silver medals in the racewalks at the South American Games, Sandra Arenas winning easily and Eider Arevalo just holding off his teammate, Jose Montana, in the 20,000 meter races.

The 20-year-old Arenas, a winner in the IAAF Challenge race in Chihuahua last month, set a new South American record as she crossed the finish 1:31:46.9. After passing 10,000 in 46:30.9, she stepped up the pace and began to build up a decisive gap over her teammate Sandra Galvis. Galvis was second in a personal best 1:34:04.4.

"I felt very good from the start of the contest, although the sun was very strong and it was warm on the track, said Arenas. "The race left me very satisfied. My goal is to be in even better shape at the upcoming World Cup, where my target is to walk under 1:30."

Arevalo had a tougher go of it as he held off Montana to win in 1:22:11.1. The race saw four DQs. Results:

Women: 1. Sandra Arenas, Colombia 1:31:46.9 2. Sandra Galvis, Colombia 1:34:04.4 3. Erica Rocha, Brazil 1:36:37.3 4. Bibiana Saquipay, Ecuador 1:41:01.4 5. Cristal Ruminot, Bolivia 1:51:44.5 (2 DQ, 1 DNF)

Men—1. Eider Arevalo, Colombia 1:22:11.1 2. Jose Montana, Colombia 1:22:14.1 3. Mauricio Arteaga, Ecuador 1:23:19.3 4. Richard Vargas, Venezuela 1:24:11.4 5. Yerko Araya, Chile 1:24:13.8 6. Juan Cano, Argentina 1:24:45.0 7. Marco Rodriguez, Bolivia 1:26:36.6 (4 DQ including Andres Chocho, Ecuador and Moacir Zimmermann, Brazil.)

Korean Record At Asian Championships

Nomi City, Japan, March 16—Korea's Hyunsub Kim set a new national record as he scored an impressive win in the Asian 20 Km Championships. Kim's 1:19:24 put him 7 seconds under the old record, which he set three years ago. It left him 1:37 ahead of Japan's Yusuke Suzuki in today's race.

The 29-year-old was untroubled throughout the race as he beat Asian record holder Suzuki, who had walked 1:18:17 a month ago in winning the Japanese Championship. Kim, who was a bronze medalist in the World Junior 10 Km in 2003, has been a contender on the international scene with sixth and tenth place finishes in the last two World Championships and a 17th in the 2012 Olympics, but this was a breakthrough race for him. Last year, his best time 1:21:22.

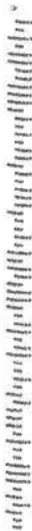
While Suzuki finished second in the Championship race, he was actually third across the line as an open race was conducted at the same time. Australia's Dane Bird-Smith was the open winner, finishing a few inches ahead of Suzuki in 1:21:01. The son of Olympian Dave Smith was 62 seconds under his previous best.

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In third place, India's Gurmeet Singh repeated his finish of last year. He had won a silver medal in 2012 when he walked a:1:21:31. He bettered that by one second today.

The women's race went to China's Tongmei Zhou in 1:31:58, more than a minute off her best, but good enough for a 37-second win over Japan's Mausumi Fuchise, who was competing in the open race. Second in the Championship was went to Japan's Rei Inoue, who finished in 1:32:56, an 8 second improvement on her personal best. The bronze medal went to India's Kushbaur Kaur in a National Record 1:33:37. Results:

Men's 20 Km: 1. Hyunsub Kim, Korea 1:19:24 2. Yusuke Suzuki, Japan 1:21:01 3. Gurmeet Singh, India 1:21:30 4. Georgiy Sheiko, Kazakhstan 1:21:44 5. Hakmai Lisauda, Indonesia 1:31:00 6. Xiao Leng, China 1:31:41 7. Chun Hung Tse, Hong Kong 1:32:38 8. Muhammad Harun, Malaysia 1:33:36 9. Wei-Lin Chang, Taipei 1:34:10 10. Soon Chye Edmund Sim, Singapore 1:36:58

Men's Open 20 Km—1. Dane Bird-Smith, Australia 1:21:01 2. Basant Rana, India 1:21:29 3. Irgan Kolothum Thodi, India 1:21:37 4. Devender Singh, India 1:21:49 5. Chilsung Park, Korea 1:22:16 6. Chris Erickson, Australia 1:22:19 7. Byeongkwang Choe, Korea 1:23:01 8. Youngjun Byun, Korea 1:23:11 9. Daeho Kim, Korea 1:23:20 10. Adam Rutter, Australia 1:25:11 11. Sehan Oh, Korea 1:25:50 12. Ganapathi Krishnan, India 1:26:09 13. Rhydian Crowley, Australia 1:27:36 14. Brad Aiton, Australia 1:28:23 15. Zhi Chang, China 1:28:25 16. Byeongho Choe, China 1:29:41 17. Nick Dewar, Australia 1:29:44

Women's 20 Km—1. Tongmei Zhou, China 1:31:58 2. Rei Inoue, Japan 1:32:56 3. Khushbir Kaur, India 1:33:37 4. Yeongeun Jeon, Korea 1:35:23 5. Siu Nga Ching, Hong Kong 1:39:02 6. Sholpan Kozhakhmetova, Kazakhstan 1:39:55

Women's Open 20 Km—1. Dandas Duan, China 1:37:09 2. Galine Kichigina, Kazakhstan 1:37:28 3. Stephanie Stigwood, Australia 1:39:012

IAAF Challenge Races In Switzerland

Lugan, Switzerland, March 16—Ukraine's Ruslan Dmytrenko and China's Hoog liu claimed wins at the Lugano Trophy—12th Memorial Albiseti, an IAAF Racewalking Challenge event, held on a sunny morning in this picturesque lakeside town.

In the men's race, Japan's Takumi Saito took the lead during the first 5 km of the men's 20, but an eight-strong chasing group caught him by the 5 Km mark, which was reached in 20:20. That group stayed together through 10 Km in 40:30. Australia's Jarred Tallent tried to force the pace at 15 Km, which was reached in 60:46, but Dmytrenko and China's Zelin Cai responded and surged away, opening a gap of 10 seconds over the next 2 Km.

The pair stayed together through 19 Km and continued to open a gap on the field. In the final km, the Ukrainian proved too strong, and finished well clear in 1:20:08, a 9; second personal best. Cai was unchallenged for second, finishing in 1:20:31, 11 seconds ahead of Slovakia's Matej Toth. Tallent came fourth, just ahead of Ireland's Olympic 50 Km gold medalist, Robert Heffernan, with both under 1:21

After the race, Dmytrenko commented: "I am very happy with my personal best on a nice course. I enjoyed walking in sunny weather conditions."

Liu, a medalist at the last three World Championships, edged out Italian Eleonora Giorgi by just four seconds in the women's race to win in 1:27:25. The Czech Republic's rising star Anezka Drahotova, the 2013 European Junior winner at 10,000 meters, drove a leading pack for the first 10 Km, where five women were together in 44:14.

Drahotova, Liu, and Giorgi raced away over the next 5, reaching 15 in 1:05:55. Drahotova had to give up the chase and by 18 km, Hong and Giorgi were 20 seconds clear. Liu was then able to surge at the finish and score a four second win over her young rival as she finished in 1:27:25.

"It was a very competitive race against two very strong athletes. I am happy because I started my training only 40 days ago after recovering from a stress fracture. I am happy to win my third race here in Lugano", said Liu.

Giorgi had the best race of her young career, improving her personal best by more than two minutes, and finishing just 20 seconds off Elisabetta Perrone's Italian national record. "I am used to walking in the chasing group. Today, I wanted to walk at the front and this change of tactics gave me a great feeling. I was thrilled to hear the fans supporting me along the course," she said. Not only did she take nearly 2 minutes off her personal best, but she bettered her best 10 Km time twice—44:15 for the first half and 43:15 for the second!

Drahotova improved her own national record by almost a minute as she finished in 1:28:13. Also under 1:30 for the first time in their careers were Poland's Agnieszka Dygacz and Ukraine's Lyudmyla Olyavovska in fourth and fifth. In sixth, Canada's Rachel Seaman, wife of Tim Seaman, roared to a personal best of 1:31:40. The results:

Men: 1. Ruslan Dmytrenko, Ukraine 1:20:08 2. Zelin Cai, China 1:20:31 3. Matej Toth, Slovakia 1:20:43 4. Jarred Tallent, Australia 1:20:55 5. Robert Heffernan, Ireland 1:20:57 6. Daisuke Matsunaga, Japan 1:21:17 7. Wei Yu, China 1:22:57 8. Dawid Tomala, Poland 1:23:02 9. Alexandros Papamichail, Greece 1:23:04 10. Maraco DeLuca, Italy 1:23:24 11. Ihor Hlavan, Ukraine 1:23:34 12. Mate Helebandt, Hungary 1:23:35 13. Caio Bonfim, Brazil 1:23:52 14. Erick Barrondo, Guatemala 1:24:05 15. Anibal Paa, Guatemala 1:24:08 16. Lukasz Nowak, Poland 1:24:45 17. Nils Gloger, Germany 1:24:51 18. Hedi Theraoui, Tunisia 1:25:20 19. Lebogang Shange, South Africa 1:25:23 20. Tianlei Li, China 1:25:29 21. Tom Bosworth, Great Britain 1:25:45 22. Daniele Paris, Italy 1:26:15 23. Marc Mundell, South Africa 1:26:19 24. Hang Zhang, China 1:26:26 25. Brendan Boyce, Ireland 1:26:33 26. Dusan Majdan, Slovakia 1:26:55 27. Massimo Stano, Italy 1:27:01 28. Sichao Xie, China 1:27:32 19. Leonarado Dei Tos, Italy 1:27:46 20. Hagen Pohle, Germany 1:27:47 31. Luke Hickey, Ireland 1:28:00 32. Wayne Snyman, South Africa 1:28:05 33. Haavard Haukenes, Norway 1:28:15 34. Jamie Higgins, Great Britain 1:28:20 35. Arnis Rumbenieks, Latvia 1:28:45 36. Marcel Lehmborg, Germany 1:28:53 37. Mirko Dolci, Italy 1:29:13 38. Mohamed Ameer, Algeria 1:29:14 38. Hichem Medjeber, Algeria 1:29:14 40. Likas Gdula, Czech Rep. 1:29:30 (68 finishers, 14 DNF, 3 DQ)

Women: 1. Hong Liu, China 1:27:25 2. Eleonora Giorgi, Italy 1:27:29 3. Anezka Drahotova, Czech Rep. 1:28:13 4. Agnieszka Dygacz, Poland 1:29:08 5. Lyudmyla Olyavovska, Ukraine 1:29:26 6. Rachel Seaman, Canada 1:31:40 7. Paulina Buziak, Poland 1:31:47 8. Mirna Ortiz, Guatemala 1:32:21 9. Neringa Aidistyte, Lithuania 1:32:22 10. Brigita Virbalyte, Lithuania 1:32:48 11. Despoina Zapounidou, Greece 1:33:02 12. Johanna Atkinson, Great Britain 1:33:42 13. Mingxia Yang, China 1:34:28 14. Lucie Pelantova, Czech Rep. 1:34:39 15. Aliha Matveyak, Belarus 1:35:01 16. Katarzyna Burghardt, Poland 1:35:01 17. Valentina Trapaletti, Italy 1:36:11 18. Katarzyna Golba, Poland 1:37:22 19. Viktoria Madarasz, Hungary 1:37:54 20. Agnese Pastare, Latvia 1:38:31 21. Claudia Stef, Romania 1:39:09 22. Laura Polli, Switzerland 1:39:35 23. Mariza Poncio, Guatemala 1:39:37 24. Monika Kapera, Poland 1:40:20 25. Maria Vittoria Becchetti, Italy 1:40:29 (40 finishers, 4 Dnf, 4 DQ)

Dudince Challenge Titles to Augustyn, Toth, Pinedo

Dudince, Slovakia, March 22—The Dudince edition of the IAAF Racewalking Challenge featured men's and women's races at 20 km and a men's 50 Km. Matej Toth upheld the host country's honor winning at 20 on the men's side. Spain's Ainhua Pinedo won the women's 20, and Poland's Rafal Augustyn won the 50, which was the featured event, it being the 33rd edition of the Dudince 50.

The race is one of Augustyn's favorites and he repeated his 2010 victory. He has competed here every year since 2009. His win in 3:45:32 was a personal best by 1:24. His previous best was also set here three years ago.

"It was definitely a tough race and I had to empty my stomach a couple of times, but still it was easier than in 2010," he said. "Now I am ready to fight for my team spot at the European Championships in August. Two team spots are already occupied, just one more is left, so I hope I will make it to Zurich."

Second place in the race went to China's former junior champion Zhendong Wang in 3:47:18 and third was Germany's Carl Dohmann in 3:51:32. Fourth was Lithuania's Tadas Suskevicius with 3:51:58. All three joined Augustyn in setting personal bests.

In the men's 20, Toth scored his sixth Dudince victory in a personal best 1:19:48, nearly 3 minutes ahead of Australia's Jared Tallent. It was the first time under 1:20 for the 31-year-old Toth.

Pinedo was an easy winner in the women's 20 with a 1:34:56. Overall, 237 walkers from 23 countries participated in the races. The results:

50 Km—1. Rafal Augustyn, Poland 3:45:32 2. Zhendong Wang, China 3:47:18 3. Carl Dohmann, Germany 3:51:32 4. Tadas Suskevicius, Lithuania 3:51:58 5. Adrian Blocki, Poland 3:52:07 6. Vali-Matti Partanen, Finland 3:54:54 7. Rafal Sikora, Poland 3:55:11 8. Mario Jose Dos Santos, Brazil 3:57:29 9. Lukasz Augustyn, Poland 4:01:22 10. Lukas Gdula, Czech Rep. 4:01:51 11. Pavel Schrom, Czech Rep. 4:06:16 12. Yin Jiazhang, China 4:07:26 (32 finishers, 13 DNF, 3 DQ)

Men's 20 Km—1. Matej Tgth, Slovakia 1:19:48 2. Jared Tallent, Australia 1:22:45 3. Caio Bonfim, Brazil 1:23:48 4. Lebogang Shange, South Africa 1:24:05 5. Quantin Rew, New Zealand 1:25:29 6. Anton Kucmin, Slovakia 1:25:41 7. Milan Rizek, Slovakia 1:29:21 8. Pedrag Filipovic, Serbia 1:29:53 9. Bruno Fidelis, Brazil 1:30:51 (14 finishers, 4 DQ including Canada's Creighton Conolly)

Women's 20 Km—1. Ainhua Pinedo, Spain 1:34:56 2. Maria Galikova, Slovakia 1:36:39 3. Viktoria Madarsz, Hungary 1:27:00 4. Barbara Kovacs, Hungary 1:34:47 (8 finishers, 4 DQ)

Various National Title Races

NAIA National Indoor 3000 meters, Geneva, Ohio, March 8

Men: 1. Cody Risch, Cornerstone 11:57.96 (Betters meet and Collegiate record of 11:59.73 set by Nick Christie in 2013) 2. Alejandro Chavez, Missouri Baptist 12:12.41 3. Nick Christie, Miss. Baptist 12:14.49 4. Mitchell Brickson, Goshen 13:58.62 5. Kolton Nay, Goshen 14:03.80 6. James Hafner, Evangeline 14:25.56 7. Brad Sandlin, Goshen 14:31.45 8. Bernard Graham, Lindsey Wilson 14:41.10 9. Nick Horton, Hastings 14:48.15 10. Sam Meal, Cumberland 15:57.88 DQ—Will Baird, Hastings

Women: 1. Molly Josephs, Miss. Baptist 14:15.74 2. Mereth Zelba, Miss. Baptist 14:20.66 3. Monica Lawrence, Cornerstone 15:01.94 4. Maite Moscoso, Embury-Riddle 14:55.49 5. Abby Dunn, Goshen 15:09.64 6. Reini Brickson, Lindsey Wilson 15:10.64 7. Brianna Griffiths,

Cornerstone 15:22.621 8. Nicole Court-Menendez, Dakota Wesleyan 15:37.49 9. Natalia Alfonzo, Miss. Baptist 15:49.73 10. Kayla Ovokaitys, Cornerstone 15:50.02 11. Jourdann Green, Lindsey Wilson 16:58.24 12. Ioulia Barakou, Miss. Baptist 16:04.82 13. Amanda Bland, Lindsey Wilson 16:17.19 14. Kaitlyn Loeffler, Central Methodist 16:18.30 15. Melissa Manlan, Cornerstone 16:23.66 17. Courtney Kiernan, Miss. Baptist 16:32.88 18. Keana Lenard, Kansas Wesleyan 16:45.30 19. Michele Moyer, Goshen 16:58.49 20. Nikki Worsham, Rio Grande 17:30.60 21. Teresa Graybill, Benedictine 17:57.30

New Balance Indoor H.S. National 1 Mile, New York City, March 1

Women: 1. Ashleigh Resch (15) Yellow Springs, Ohio 7:19.22 2. Katie Michta (14), New York 7:22.67 3. Allen Maegan (16), Arlington, Mass. 7:28.16 4. Katherine Newhoff (15), Islip Terrace, N.Y. 7:31.10 5. Alexandra Bennett (15), Kings Park, N.Y. 7:33.13 6. Monika Farmer (15), Bohemia, N.Y. 7:34.63 7. Natalie DeQuarto (14), New York, N.Y. 7:36.46 8. Sydney Sirois (17), Greene, Maine 7:42.72 9. Kayla Allen (17), Lewiston, Maine 7:44.10 10. Allison McConville (14), Valley Stream, N.Y. 7:49.74 11. Rebecca Wittlin (15), Pittsford, N.Y. 7:53.64 12. Kaitlin Martins (16), New York, N.Y. 7:56.76 13. Maria Garcia (16), Thiells, N.Y. 8:00.40 14. Meaghan Podlaski (15), Albany, N.Y. 8:01.23 15. Sabrina-Rose Mason (14), East Quogue, N.Y. 8:08.41 16. Monica LaBorde (13), Farmington, N.Y. 8:19.37 17. Alexa Kluefel (13), Elwood N.Y. 8:19.52

Men: 1. Anthony Peters, (14), Chicago, Ill 6:38.81 2. Alexander Peters (13), Chicago 6:44.34 3. Cameron Haught, Yellow Springs, Ohio 6:56.42 4. Geraldo Flores (14), Pharr, Texas 6:55.51 5. Spencer Dunn (16), Auburn, Maine 7:17.63 6. Jonathan Lazor (15), Madison, Conn. 7:21.30 7. Matias Swerna (17), San Juan, Texas 7:24.46 8. Timothy Sunnerbers (14), Burlington, Mass. 8:22.97 9. Alexander Harvey (14), Kings Park, N.Y. 8:48.83 10. Nolan Allen (18), Arlington, Mass. 0L:07.89 (1 DNF, 1 DQ)

National Masters Indoor 3000 Meters, Boston, March 16: W30—1. Stefanie Calhoun, Texas 18:02.15 W35—1. Dabeth Manns, Wash. D.C. 23:46.53 W45—1. Michelle Heister, Fla. 18:06.81 W50—1. Ginger Armstrong, Conn. 21:33.29 W55—1. Maryanne Daniel, Conn. 16:14.01 (American record) W60—1. Debbi Topham, Mich. 18:07.00 W65—1. Panseluta Geer, N.J. 20:08.80 W70—1. Barbara Hensley, Ohio 22:19.85 M45—1. David Swarts, Mich. 13:49.91 2. Bruce Logan, N.Y. 16:42.57 3. Art Morrow, Cal. 18:55.90 M50—1. Ed O'Rourke III, Mass. 14:38.93 2. Patrick Murphy, Ireland 16:05.98 3. Don Lawrence, N.Y. 17:09.27 M55—1. Stephen Peckiconis, Mass. 16:38.39 2. Larry Epstein, Mass. 16:47.14 3. Peter Blank, Vir. 19:42.92 M60—1. Vince Peters, Ohio 17:19.90 (The retired National Chair brings his first national title home to the Buckeye state!) 2. James Wass, Md. 18:42.09 M65—1. Bob Keating, Mass. 16:12.43 2. Alan Moore, Cal. 19:23.80 3. John Morrison, Md. 19:43.83 4. Charles Mansbach, Mass. 20:25.03 M70—1. Joel Denbow, Ga. 19:38.15 2. Jim Carmines, Penn. 21:13.10 3. Tom Knatt, Mass. 21:59.46 M75—1. Gus Davis, Conn. 23:27.87

National Youth Indoor Championships, March 9: Girls 13-13 3000—1. Alyssa Durrant, Ill. 18:06.30 Boys 13-14 3000—1. Jadon Davis, Md. 18:59.03 Girls 17-18 3000—1. Katherine Newhoff, Walk USA 15:54.46

And other races around this country and Canada:

Indoor 1 Mile, Boston, Feb. 19—1. Maegan Allen 7:46.34 2. Kayla Allen 7:50.75 3. Sidney Sirois 8:00.77 Boys 1 Mile, same place—1. Nolan Allen 8:28.79 Indoor 3000 meters, New

York City, Feb. 28: Women—1. Brittany Collins 15:51.53 2. Cheryl Armstrong 17:17.13 3. Alexandra Bennett 17:46.65 age 60-64—1. Elizabeth Pasquale, Shore AC 18:07.94 Age 65-69—1. Panseluta Geer, Shore AC 20:17.12 Men—1. Harvey Alexander 17:43.26 Age 45-49—1. Bill Vayo 15:48.14 2. Bruce Logan 16:43.49 **3000 meters, Toms River, N.J., Feb. 22—1.** Katharine Newhoff 15:31.34 **Michigan Indoor 3000, Ann Arbor, March 2** 1. Zibby Sadlej (52) 12:48.64 2. David Swrfs (48) 13:42.29 3 (7:09.06 at 1 Mile for U.S. Age 48 record). James Hafner (21) 14:09.56 4. Dan O'Brien (49) 16:26.15 (but he walked an extra 200 meter lap) Women—1. Janelle Brown 15:16.35 2. Debbie Topham (61) 16:44.38 (They were stopped one lap (200 meters) short.) **USATF Midwest Region Indoor 5000 meters, Kenosha, Wis., March 9—1.** Matt DeWitt 23:29.7 2. Mike DeWitt (63) 30:38.3 3. Ron Winkler (73) 36:38.9 **1 Mile, Houston, Texas, March 22—1.** Geraldo Flores 7:22.02 2. Jonathan Aguilara 7:58.03 3. Fiona Dunleavy 7:59.45 4. Tom Dunleavy 8:25.37 5. Camila Vicens 8:52.28 6. Stefanie Edwards 8:56.35 (16 finishers)

A Day of records in Oregon! 50,000 meters (track), Banks, Oregon, March 9—1. Erin Tylor-Talcott 4:34:46.5 (World best ever for a track 50. American records at 25,000, 30,000, 35,000, and 40,000 on the way.) 2. Ian Whatley (54) 4:41:46.5 American 50-54 record) 3. Ray Sharp (54) 4:49:26.2 (American 50-54 records at 25,000, 30,000, 35,000, and 40,000 before, but a near 71 minute death march on the final 10,000 gave Whatley the win and the record.) DNF—Dave Talcott (53). **5000 meters, same place:** 1. Katie Grimes 27:55.05 2. Ashley Hartmeier-Prigg 30:00.07 3. Carmen Jacinsky 31:19.80 4. Nana Bellerude 32:31.09 Men—1. Rob Frank 29:45.69 2. Dennis Robeson 30:59.72

1 Hour, Ottawa, Ontario, March 23—1. Erin Taylor-Talcott, 11,891 meters (50:25 at 10 Km) 2. Dave Talcott 11,855 (50:27 at 10 Km. He closed an 8 second lead at 5 Km to 2 econds, but then the Mrs. Left him over the final laps) 3. Marek Adamowicz 11,762 (46:24.5 at 10 Km. Perhaps a fast 10 was his goal for the day, but he certainly folded up from there.) 4. Sarah Zahab 10,066 5. Annie Cormier 9481 6. Amanda Schneider 9407 7. John Gardam 9,52 8. Sarah Raetsen 8976 9. Eric Fournier 8911 10. Coreen Rosenberger 8736 (23 finishers)

On the International Scene

Spanish National 20 Km, Grenade, March 9—1. Benjamin Sanchez 1:25:45 2. Alvaro Martin 1:25:54 3. Luis Amezuca 1:26:00 4. Miguel Angel Lopez 1:26:04 5. Marc Tur 1:26:16 6. Francisco Arcilla 1:26:38 7. Luis Manuel Corchete 1:26:43 8. Mikel Odriozola (40) 1:28:30 9. Francisco Jose Duran 1:28:51 10. Jesus Angel Garcia (44) 1:29:14 11. Ivan Pajuelo 1:29:17 12. David Reyes 1:31:31 **Women's 20 Km—1.** Ainhua Pinedo 1:35:10 2. Larua Garcia-caro 1:35:30 3. Lucie Pelantova 1:37:02 4. Eva Maria Iglesias 1:40:44 **French Chamionships, Fontenay Le Comte, March 9: Women's 20 Km—1.** Emilie Menuet 1:36:52 2. Ines Pastorino 1:37:01 3. Corinne Baudoin 1:37:42 4. Emilie Tissot 1:39:18 5. Violaine Averous 1:39:33 6. Lucie Auffret 1:42:54 (28 finishers, 17 under 2 hours) **Men's 20 Km—1.** Antonin Boyez 1:26:55 2. Aurelien Quinion 1:27:42 3. Keny Gutinaudeau 1:28:16 4. Hugo Andrieu 1:29:37 5. Simon Hurault 1:32:48 (40 finishers, 18 under 1:40) **50 Km—1.** Cedric Houssaye 3:58:54 2. Xavier Le Coz 4:01:21 3. Fabrice Ramon 4:32:25 (11 finishers, 6 under 5 hours, 3 DQ) **Finnish Indoor 3000 meters, Feb. 22=23: Men's 5000—1.** Veli-Matti Patanen 19:37.32 2. Matias Korpela 20:09.68 **Women's 3000—1.** Anne Halkivaha 13:37.17 2. Henrika Parvainen 13:59.36 **Indoor 3000 meters, Italy Feb. 24—1.** Eleonora Giorgi 11:50.08 2. Valentina Trapletti 12:55.39 3. Sibilia di Vincenzo 13:16.73 4. Anna Clementa 13:30.24 **Men's 5000, same place—1.** Matteo Giuponi 19:51.07 2. Vita Minei 20:03.85 3. Leonardo dei Tos 20:07.78 4. Francesco FouVrtunato 210:12.34 **Indoor 3000 meters, Hungary, Feb. 27—1.** Viktoria Madarasz 12:31.78 2. Barbara Kovacs 13:44.17 3. Marianna Langyel 13:44.31 4. Anett Torma 13:44.57 (Hos's that for a blanket finish!) **Men's 5000, sameplace—1.** Mat

Helebrandt 20:08.89 2. SandorRacz 20:32.01 **Ukrainian 20 Km, Alushta, Feb. 28—1.** Ivan Losev 1:19:33 2. Nazar Kovalenko 1:19:48 3. Ihor Lyashchenko 1:20:01 4. Kostyantyn Pusanov 1:20:12 5. Andriy Kovalenko 1:20:20 6. Fedir Dovhun 1:27:08 7. Fladyslav Lobschenko 1:27:27 8. Serhiy Svitrylychovoy 1:28:16 9. Kyrlo Andruschenko 1:29:50 **Women—1.** Inna Kashyna 1:30:17 2. Olena Shunkina 1:30:41 3. Halyna Yakovchuk 1:32:48 4. Olena Yakovenko 1:34:38 5. Valentyna Myronchuk 1:35:45 6. Nataliya Kontsevych 1:37:02 7. Oksana Trofymovych 1:37:28 8. Marharyata Pasyuk 1:38:05 **Men's 35 Km, same place—1.** Ihor Bahanuk 2:30:17 2. Oleskiy Kazahin 2:30:20 3. Ivan Banzeruk 2:30:58 4. Serhiy Budza 2:34:11 5. Andriy Hrechkovskyy 2:37:17 6. Oleksandr Vanhlovskyy 2:37:27 **Chinese Championships, Huangshan, Feb. 27—Women's 20 Km—1.** Xiushi Lu 1:28:57 2. Huigin Ding 1:29:39 3. Jingling Mie 1:29:40 4. Yangho Hun 1:30:37 5. Huanhuan Sun 1:30:37 6. Yinglin Wang 1:30:51 **Men's 20 Km—1.** Tongda Bian 1:20:45 2. Jianmin Liu 1:20:51 3. Chenghang Sun 1:21:54 4. Haijun Ma 1:23:32 5. Daziang Yan 1:24:04 6. Quazhu Dong 1:24:55

Places To Go To Heel and Toe

Sun. April 6	5000 and 10,000 meters, Nyack, N.Y. (J)
	Wisconsin 5 Km, Prairie, Wis. (I)
Sat. April 12	Jr. And Open 3000 and 5000, Grfeenville, SC, 2 pm (E)
Sun. April 13	5000 meters, St. Louis, 6:30 pm (H)
Sat. April 26	Penn Relays 10 Km, Philadelphia, Pa.
Sun. April 27	5 Mile and 10 Mile Handicap, Co;ney Island, Brooklyn, N.Y. (P)
Sat. May 3	Midwest Region 20, 30, 40, and 50 Km, Pleasant Prairie, Wis. (I)
	5 Km, Whiting, N.J. (W)
Sun. May 4	20 Km, Penfield, N.Y., 8am. (Y)
Sun. May 11	National USATF 10 Km and 27th Annual Jack Mortland Racewalks (5, 10, and 20 Km), Dayton, Ohio, 9 am (M)
Sun. May 18	National USATF Junior and Masters 15 Km, Riverside, Cal. (D)
Sat. May 31	5 and 10 Km, Royal Oak, Mich. (F)
	USATF National 5 Km, Albany, N.Y. (D)
Sat. June 7	Michigan USATF 5000, Olivet College (F)

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From Heel To Toe

Kudos. Gary O'Daniels, a masters champion and a USATF official: I have had the privilege and opportunity to officiate both indoor and outdoor NAIA racewalk championships for the past 7-8 years and this year I was most impressed with the quality that all of the racewalkers displayed. They showed that their coaches have devoted lots of time and energy with their athletes to get them prepared to compete at the national level. As these walkers continue to improve, they will have an opportunity to represent the USA at the national and international level. It would be great for racewalking if more of the NAIA colleges/universities would "buy in" to racewalking and see how it could improve their overall track and field program. Kudos to the coaches who have spent hours bringing their athletes to this level and continued success to them as they move into the outdoor season. I look forward to seeing another great group of racewalkers compete at the outdoor national at Gulfshores, AL in May.. **Kudos II.** From Erin Taylor-Talcott: I want to give a HUGE thank you to the Oregon Association for putting on an amazing race on Sunday (referring to the 50,000 meters event reported earlier in this issue). Being a native Oregonian, it was just like coming home and being among family. The volunteers were fantastic. I never heard anyone complaining, so many people cheering, wonderful lap counters, and they even managed to have absolutely perfect racing conditions. I'm always afraid when I thank individuals for organizing and judging I'll forget someone, so if I do, please forgive me. Thank you to Jim Bean and Marie Vermeer for organizing and judging. Pat Swehowsky for starting us off and being my lap counter (and 125 is a lot to count!) Conrad Williamson, Margret Seewerker, and Anne Whitaker for judging for so long out in the rain and sun and rain again. To Susan Heiseer and Karen Karavanic for being the most awesome aid station helpers and keeping me fed and hydrated and cheering us on every single lap. Nana and Margret McGuinness for manning the water station (even though I never tool water from you, I really appreciated that it was always available.) And to all the spectators that were constantly cheering for us, Especially nearing the end of the race when it gets tougher and tougher, all the encouragement was so appreciated. It's been a long time since I've been to such a wonderful, warm, inviting, organized meet. Jim and other timers for always being across the track to get us at our intermediated records, they were totally on the ball. It means so much to me that there are people out there willing to give up their Sunday morning to help us athletes reach our goals. I cannot express my thanks enough to everyone for everything they did for us. And I of course have to give the biggest shout out to my hubby for always being there for me and supporting me and believing in me. **Errata.** In the last issue I reported results of the Portuguese 35 Km where Tadas Suskevicius finished third. I noted that he was not Portuguese and expressed the belief he was Ukranian. Not so as Roger Burrows has graciously pointed out to me. Roger tells me he is Lithuanian. "When all the names end with "s", it's a pretty good bet that it's one of the Baltic countries (not counting things like Charles Simmons, of course!) Always the possibility of some other citizenship, but in the case, I don't

think so." **Ashleigh.** Ashleigh Resch, who has seemingly come from nowhere to prominence with a fourth in the Millrose Mile and first in the New Balance H.S. mile, came from Australia, not nowhere. She and her family moved from Canberra during the Christmas and she is now a junior at Beavercreek high school, right here in Ohio, representing the Miami Valley TC. Vince Peters reports that he wanted her to be recognized as an Australian athlete so she represented her Australian club one last time at Millrose, wearing her hometown club's uniform. She enjoyed an 11 second personal record at Millrose. It should help her to be training with international veterans Jill Cobb and Susan Randall along with the rest of the stable of fine walkers in Yellow Springs and the surrounding area. **Hawrys.** This from Andrew and Ingrid Crane: Thanks to Gary Westerfield for the tribute to Walter Hawrys (Jan. Issue).. Walter loved to dance and proud of his very firm abdominals. He never did a sit-up but maintained a constant firming of the navel into the spine. We were inspired and applied the technique whenever we thought of it. Now, years later, we offer this to anyone who wants to strengthen their abs. And as yoga instructors, this very same technique is called uddiyana banadha, to support the spine and protect and strengthen the lower back even while racewalking. It's toning and grounding!. So thanks Walter. **Clinics.** Upcoming World Class Racewalking Clinics with Dave McGovern are scheduled for Waverly, Nebraska April 11-13; Indianapolis May 16-18; and Portland, Oregon May 30-June 1. For further information contact Dave at Rayzwocker@aol.com or visit www.racewalking.org.

'Father of Mexican walking' Jerzy Hausleber dies at 83

(Andfather of the modern version of racewalking, we might add. The following is an IAAF Press Release dated March 14)

The IAAF is very saddened to learn of the death of the renowned walking coach Jerzy Hauysleber, widely known as the "father of Mexican walking, on Thursday the 13th. Hausleber passed away as a result of heart problems in Mexico City.

He arrived in Mexico from his native Poland in 1966 as a result of a coaching exchange program between the two countries. His death drew tributes from many senior public figures and also many of the athletes he coached.

"This is great loss for the sport and also for the Mexican walking. He was the coach who achieved the most in any sport for our country. No one produced so many Olympic medalists, World champions, Pan American and Central American winners," commented Ernest Canto, who won the 20 Km at the 1983 IAAF World Championships and 1984 Olympic Games. "There was nobody who was his equal, he leaves a great legacy. Not only was he an extraordinary coach, but he was also a great person and extraordinary human being."

Carlos Mercenario, the 1992 Olympic Games 50 Km silver medalist and three-time winner at the IAAF World Race Walking Cup, also paid tribute to his mentor. "Nobody led the way he did. Mexican sport in the international context has never had such good results. From Jose Pedraza in 1968 right up until the most recent medals, they were all a product of his knowledge," said Mercenario.

Hausleber coached Mexican walkers to nine Olympic medals--three gold, four silver, and two bronze medals--and a total of 118 medals in major international competitions

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Roger Burrows in Canada sent the following message;

So sad to hear of the death earlier today of Jerzy Hausleber at the age of 82. So many race walking enthusiasts will remember the name of the coach who was recruited from Poland to go to Mexico in preparation for their hosting of the Olympic

Games in 1968. The problem: how can we create some homegrown success in a short time without colossal expenditure? The solution: a relatively little-known coach, an ex-boxer, Jerzy Hausleber to develop race walking?



Hausleber photos. Top: Three of the greatest Raul Gonzales, Daniel Bautista, and Carlos Mercenario stand behind Jerzy's photo at memorial service. Bottom left: Jerzy with some of his athletes (Gonzales at left) in earlier days. Bottom right: Jerzy in recent years.

There was a Mexican medal in 1968, though Pedraza's 20km silver was not without controversy. The true success took a little longer, but when it came, it galvanized a country. Mexican men dominated the sport through the 1970s, the 1980s, and into the 1990s. The women arrived on the scene, with almost similar success, in the late 1980s as the women's sport gained international acceptance.

After those two decades, the world race walked differently. Gone was the classic "heel and toe", replaced by the fluid, "foot-hitting-the ground-going-backwards" mechanics that propelled the sport's performances to unheard-of heights. It must be said that some judges took a while to embrace the revolution, and "el profe" (the Prof - as Hausleber was often called) had to endure criticism for a string of Mexican DQs.

But eventually, the "double support phase" (indeed the notion of any static "phases")

became as much of the sport's past as the straddle high jump and the steel vaulting pole. What Hausleber taught Mexican stars like Gonzalez, Bautista, Mercenario, Mendoza, the dogged Bermudez and the supreme elegance that was Ernesto Canto, the Mexicans taught the rest of us.

The international success made Hausleber a national hero. Sports installations are named after him; he was given the highest honor Mexico can bestow on a foreigner, then eventually, citizenship itself. Teams and countries may have their cheers before or after events, but I have only ever heard athletes from one country - Mexico - go into or celebrate a race with a cheer for the coach!

And let's not forget the Canadian connection. For a year or two either side of 1990, a private group of supporters in Quebec managed to persuade him to come to Canada. Funding was always tenuous, and support from "the system" did not give him the stability he was used to. It was not hard for Mexico to lure him back in a senior leadership role that Canada was not able to provide. But those who met him at the time were inevitably struck by the kind, pleasant and gentlemanly manner that made his immense mastery of the event more accessible to us all.

Descanse en paz, profe

USATF Racewalk Chairman Ron Daniel noted;

I've known Jarzy for much of my racewalking career. Jerzy certainly was the architect of the modern day racewalking technique. Jerzy was always very friendly with me as well as our whole U.S. program. He will be greatly missed.

My own comments:

Jerzy was friendly U.S. program beginning in 1965 when Ron Laird and I were on the U.S. National T&F team for meets in the USSR, Poland, and West Germany. There was no walk as part of the US-Poland meet in Warsaw, but Jerzy was conducting a training camp for Polish walkers in Gdansk on the Baltic Sea and invited Ron and I up there for three days. Jerzy was a most gracious host, although he spoke little English at that time. Along with those at the camp, we had a 3000 meter race on a lovely forested track in Sopot on a Thursday evening and a 20 Km race from Sztum to Malbork on Saturday. (We were told that we were the first Americans seen in Sztum since before World War II.) He rode with us on a train back to Warsaw on Sunday and despite language barriers we were treated royally, including some delicious Polish sausage, and learned much. The next year he moved to Mexico as the National Coach and the face of the sport was changed forever. Apparently Jerzy had been facing major health problems the past few years and was confined to a wheelchair.

A View From the Back of the Pack: Elliott Denman at the 2011NYC Marathon: A Third-Waver's Tale of the Five Boroughs

(Elliot, 1956 Olympic 50 Km racewalker, long-time major domo of the Shore AC, untiring promoter of races in New Jersey, contributor to and friend of our sport in so many ways, outstanding sports writer, and simply all-around good guy, wrote this after the 2011 New York City Marathon.)

"Teo From Argentina"—so identified atop the message imprinted on the back of his running shirt—had this one right. "There is no disgrace in finishing last, only in unwillingness to dare to attempt the race in the first place" it seemed to say. Or something like that anyway, as he shuffled down Fourth Avenue in Brooklyn.

That was the philosophical eloquence Teo brought to the Big Apple on Sunday—courtesy of the man at his silk-screening parlor—in Buenos Aires, Mar Del Plata, Cordoba? I never did find out which it was.

Teo—the New York Road Runners' computer told us—eventually arrive at 67th Street on the West Drive of Central Park, the 385th yard after the 26th mile, in six hours, 47 minutes and 57 seconds. He thus placed 46,238th of the 47,438 starters and 46,795 finishers in the ING NYC Marathon. And 351st of the 365 Argentines.

Despite those running-shirt message fears, he didn't finish last, either. Or even close. There were 557 folks behind him. Now the confession: yours truly was one of them.

Once upon a time he was fast. Fast enough to make an Olympic teas as a 50 km racewalker. As the years rumbled on, so did he, but never again to exceed the speed limit. Fortunately, though he had no problem with being half-fast. Never bothered hi. Now he's quarter-fast. No problem there either.

The delight of the day, the thrill of the challenge, everything about stepping to the starting line, the adrenaline rush of it all, have never left him. And that's why he was right in there with Teo from Argentina, and 47,436 of our soulmates gathered from all 50 states and 117 other nations.

As Kenyans and Ethiopians (led by champions Geoffrey Mutai and Firehwot Dado) properly stole the headlines with their triumphs (he in a course record 12:05:06, she in 2:23:15) there was glory in it for whole lot of others, too. Other than in their tweets to the folks back home, however, you weren't about to read about these people. So we'll tell you about some of them right here.

There was Californian Joy Johnson, 84, the senior of all senior citizens in the race, running the five boroughs in 7:44:45. Her male counterpart—oldest gent still going the distance—was Floridian Norman Gould, 83, stepping the city in 8:29:41. New Yorker Moises Salama, a tad-younger 83, got to the line in perky 6:48:47. And how about that sensational Mr. Michio Kumalo of Japan? At 80, he ran the city in a sizzling 3:56:30, beating oodles and oodles of the kids. You had to put your hands together, too, for 56-year old Brooklynite Alexis Davidson.

About mile 10 in his home borough, as he reported it, "I got clipped by a galloway (runner-walker). Fell and landed on my face. Glasses dug into my temple and there was blood everywhere. Got picked up by Mile 11 Emergency Team. The applied temporary band-aids on my face and ice on my right hand, I hung out with them for about 45 minutes. They tried to get me to go to a hospital."

Of course, the very-dedicated Davidson (a fellow who has completed marathons in every American state and each Canadian province) wasn't going to let that temporary distraction sway him from his appointed rounds. He got to the line in 6:13:20.

On Monday, he said, "Saw a doctor today. No apparent concussion or stitches. Broken bone connecting my wrist to my pinkie. I'll be doing my next four marathons with a cast. Clearly, when the going gets touch, a buy like Alexis Davidson gets going.

Who couldn't help getting emotional seeing the vet with two prosthetic legs and one prosthetic forearm smiling his way around the boroughs? And oh-so-many others with major-league difficulties, woes that would have kept the less determined at home, but surely not these ladies and gentlemen refusing to let the passing parade of life trot on by. For sure, no one is going to relegate these resolute folks to back-row seats in either marathoning or other branches of the real world. Once upon a time, the host New York Road Runners shied away from charitable involvement. But now NYRRR has fully embraced all the kind souls running their soles off for those who need help most.

An estimated 7,700 of the Sunday throng was there representing at least 210 very good causes, because they'd raised (or pledged to raise) at least 30 million bucks (thus breaking it down into more than a million per mile.)

As devoted as any fund raiser was 20-year-old Marie Walsh, who 'ran this one for Uncle Eddie.' A former state parochial champion from Matawan, New Jersey, who took three weekend off from her studies and cross-country team training at Houston's Rice University to run the first 26.2 mile of her life. "Uncle Eddie" was Edward Felt, an active runner and sire of a running family, who'd gone down with the other heroes of Flight 93 in Shanksville, Pa. On

9/11/01. Ms. Walsh had heard that fund-raising efforts for the Flight 93 Memorial in Shanksville were running slowly, about a million dollars shy of target. So she couldn't possibly let this opportunity slip on by.

I don't want to tell you about my own finishing time. It was just awful. The first 20 miles were fun. Alexis Davidson got to tell me his story. Fellow road warriors from Australia and Zimbabwe, Jolly Old England, and every state of New England, Indiana, and Indonesia, New Zealanders and Venezuelans, the state of Georgia and the nation of Georgia—and oh-so-many-more—were there for global company.

Lots of fun, slapping palms, down Bedford Avenue, up Lafayette, over the bridges, on and on and on....Another situation: All of us—the slow gentlemen and ladies of the third wave, set off over an hour after the faster folks—were now contending with, and tippy-toeing over, the squashed water and Gatorade cups, and mashed banana peels and orange rinds, that were remnants of the armies that had preceded us. Any slip could mean very bad things.

The fun couldn't last. The cramps set in. First the adductors and then the calves. Then both hips and the lower back. Was it salt depletion or simple decrepitude, lack of training or routine marathonitis?

Whatever the cause, competitor No. 48,106 was no carrying a full-grown gorilla on his back. His racewalking miles slipped from halfway respectable 14s to borderline-terrible 15s to just-awful 16s. And then even worse.

By this stage, he needed to lean on some Central Park statuary and accept some quick massage, knowing full well—as an historian of the sport—that if this had been 1908 and he was named Dorando Pietri (who lost the Olympic marathon gold medal when he was aided over the finish line) that he would have been bounced out too.

With infinite mercy, the finish line fortuitously appeared at 67th Street and Central Park's West Drive, not a second too soon. He hadn't beaten Teo from Argentina or Frits from the Netherlands, Nazano from Italy, or Marjorie from New York, New York, either.

But finally he got there—by now early evening, the sun setting over Sheep Meadow, way too late in the game, setting a new PW (personal worst), yet sill on time to stretch his finishers' streak to 33, every one of these races since 1979. Then again, not on time to qualify for the free subway ride to Penn Station, the plan to catch the 8:07 and the attempt at de-cramping on the New Jersey Transit train ride home. "Sorry, that ended at 7 pm," said the unsympathetic 72nd Street tool booth attendant. True story. Eyewitness report. That's the way it was at the far end of the pack. Nothing that Geoffrey Mutai and Firehwot Dado would ever notice.

LOOKING BACK

45 Years Ago (From the March 1969 ORW)—At the National indoor meet in Philadelphia, local hero Dave Romansky zipped by Ron Laird during the final half lap to win the mile in 6:21.19. Laird finished in 6:52.4, with Italy's Olympic 50 Km gold medalist, Abdon Pakich, third in 6:28.8. Following were Ron Kujlik, Dan Tothoroh, and Jim Hanley. . .Bob Kitchen won the IC4A mile in 6:41.1 with Greg Diebold also under 7 minutes. . .Pamich won a mile in Albany, N.Y. in 6:32.9 over Ron Daniel. . . Out west, Goetz Klopfer edged Tom Dooley in a quick 10 Km with a 45:10 performance.

40 Years Ago (From the March 1974 ORW)—The IC4A indoor mile title went to Ellen Minkow in 7:36.1, probably making her the first woman to win a title in a major intercollegiate track event for men (primarily). Bill Hamlin actually finished about 15 yards ahead of Ellen, but was then DQ'd and Howie Palamarchuk left the track with a commanding lead when he mistakenly thought he had been DQ'd. . .Floyd Godwin beat a strong field to win the National 35 Km title in Huntington Beach, Cal. in 2:55:29. He left pursuer John Knifton

after 20 Km and won by more than 4 minutes. Bill Ranney, Carl Swift, Jerry Brown, and Bryan Snazelle took spots three through six. . . Todd Scully put up a good performance in the US-USSR indoor dual meet in Moscow finishing third, but only 20 seconds back with a 21:04 for 5 Km.

35 Years Ago (From the March 1979 ORW)—The US-USSR Indoor 3 Mile walk (part of the annual track meet) went to Yevgeniy Yesyukov in 19:03.3. Todd Scully was second in 21:02.2 with Jim Heiring third in 20:35.4. The Soviets put just one man in the race. . . Neal Pyke won the Pacific AAU 20 Mile in 2:35:53, with Bill Ranney less than a minute behind. Pyke also set an American record for 5 Km with 20:41.6 and turned in a 1:28:06 for 20 Km. . . The National Masters Indoor 2 Mile went to Ron Kulik in an American record 14:14.7.

30 Years Ago (From the March 1984 ORW)—Carl Schueler edging away after the first 10 Km held on to beat Jim Heiring for the National 35 Km title in 2:41:25. Heiring, 48 seconds back at 30 Km, cut the margin to 20 seconds at the finish. Dan O'Connor walked his second best 20 Km race of the year with a 1:25:56 in Long Beach. Vincent O'Sullivan (1:31:34) was second and Larry Walker (1:33:52) third. Ray Sharp and Tom Edwards were both under 1:30 in New York, with Sharp winning in 1:29:20.

25 Years Ago (From the March 1989 ORW)—In the National 50 Km in Atlanta, Paul Wick led Herm Nelson from the 10 Km mark on, but never by much, and took the title in 4:17:07, just 19 seconds ahead of Nelson. Dan O'Connor was third in 4:24:00, with Mike Dewitt just 42 seconds behind him. Eugene Kitts, Paul Malek, Dan Pierce, and Mark Green also bettered the 4:30 mark. . . National Indoor titles went to Tim Lewis at 5 Km in 20:00.46 and Teresa Vaill at 3 Km in 13:12.34. Gary Morgan was just 9 seconds in back of Lewis, with Ray Sharp third in 20:30. Lynn Weik and Susan Liers followed Vaill.

20 Years Ago (From the March 1994 ORW)—Allen James won the National 15 Km title in New Orleans finishing in 1:06:03, better than 3 minutes ahead of Paul Wick (1:09:30) and Ian Whatley (1:09:51). The women's title went to Victoria Herazo in 1:11:40 with Lynn Brubaker second in 1:14:32. . . Two weeks later, Jonathan Matthews upset James, this time under cover, winning the National 5 Km in 20:01.50. Allen was just 0.58 seconds behind with Vance Godfrey (20:17.20) third and Rob Cole (20:48.07) fourth. The women's 3 Km went to Debbie Lawrence in 13:13.20, 2/12 seconds ahead of Herazo. Susan Armenta (13:49.86) was third, two seconds ahead of Gtetchen Eastler, who just edged Cheryl Rellinger. . . Another week later there was a gathering in Palo Alto for the National 50 Km, and James turned the tables in his debut at the distance. What a debut! An American record of 3:55:39 leaving the favored Matthews 7:20 back. Herm Nelson (4:04:23), Andrzej Chylinski (4:07:40), Paul Wick (4:08:15), and Rob Cole (4:14:15) followed. . . At the National Invitational Walks, Canada's Martin St. Pierre won the men's 20 Km in 1:29:51 and Teresa Vaill captured the women's 10 Km in 45:14. Philip Dunn (1:30:37), Dave Merchenz (1:30:49), and Dave McGovern (1:32:05) followed St. Pierre and Lynn Brubaker (48:15), Dana Yarbrough (49:10) and Cheryl Rellinger (50:10) took the next three women's spots.

15 Years Ago (From the March 1999 ORW)—In a great National Invitational Women's 20 Km, Joanne Dow bettered her own American road best to win in 1:33:27. Also capturing spots on the U.S. World Cup team were Michelle Rohl (1:36:27), Danielle Kirk (1:37:16), Jill Zenner (1:37:10), and Margaret Ditchburn (1:37:35). Teresa Vaill was just 3 seconds behind Ditchburn after going through 10 Km in a solid second place. Canada's Janice McCaffrey (1:36:53) finished third in the race. The men's race saw solid performances by Ecuador's Olympic Champion Jefferson Perez (1:22:02) and Tim Seaman 1:23:50. Curt Clausen was

third in 1:24:49, ahead of Jonathan Matthews (1:25:27), Andrew Hermann (1:26:50), Kevin Eastler (1:27:17), Al Heppner (1:29:02), Philip Dunn (1:29:13), and Michael Rohl (1:29:49). Five others (Sean Albert, Dave McGovern, Gary Morgan, Mark Green, and Warrick Yeagber) finished between 1:31:03 and 1:34:36. . . Dow and Seaman captured Indoor titles at 5 and 3 Km, respectively. Seaman won in 19:45.04 with Curt Clausen just 9 seconds back and Kevin Eastler third. Dow did 12:44.90, 5 seconds ahead of Jill Zenner, with Margaret Ditchburn third. . . In Chula Vista, Cal., Seaman set an American 3 Km record of 11:19.2 and Curt Clausen an American 5 Km record of 19:35.20. Al Heppner, the former 5 Km record holder (outdoors) at 20:07, finished second in 20:41.07 ahead of Philip Dunn and Sean Albert. . . Dion Russell won the Australian 20 Km title in 1:20:49, 29 seconds ahead of Nick A'Hern.

10 Years Ago (From the March 1969 ORW)—And again, Joanne Dow and Tim Seaman walked off with U.S. Indoor titles, Dow in 12:36.76 and Seaman in 19:30.59. Michelle Rohl (13:10.79), Amber Antonio (13:26.38) and Jolene Moore (13:32.46) followed Dow. John Nunn was second to Seaman in 19:35:58 with Kevin Eastler another 12 seconds back. Curt Clausen was a rather distant fourth. . . In Tijuana, Mexico, Elisa Riguado, Jefferson Perez, and German Sanchez kicked off the IAAF Racewalking Challenge series with winning performances. Italy's Riguado won the women's 20 Km in 1:28:50, 16 seconds ahead of Spain's Maria Vasco and 22 ahead of Portugal's Susan Feitor. Ireland's Gilliam O'Sullivan also snuck under 1:30. Perez, with a 1:19:32, won a close 20 Km race from Poland's Robert Korzeniowski (1:19:41), Italy's Ivano Brugnetti (1:19:43), and Mexico's Alejandro Lopez (1:19:56). In a hotly contested 50, Mexico's Sanchez (3:48:11) prevailed over Spain's Jesus Garcia (3:48:26), Mexicans Mario Flores (3:49:08) and Miguel Rodriguez (3:49:54), and Canada's Tim Berrett (3:50:21). Philip Dunn was ninth in 3:59:12.

5 Years Ago (From the March 2009 ORW)—Surprise! Once again it was Dow and Seaman capturing indoor titles. Dow (13:04.28) beat Teresa Vaill (13:14.09) and Seaman (19:59.06) was an easy winner over Patrick Stroupe (20:32.26). . . In the first IAAF Challenge races of the season in Chihuahua, Mexico, titles went to Kjersti Platzer, Eder Sanchez, and Trond Nymark. Norway's Platzer covered 20 Km in 1:33:34 to beat Portugal's Ines Henriques by 18 seconds. Home favorite Sanchez easily won over Colombia's Luis Lopez with a 1:22:21 effort at 20 Km. In the 50, Norway's Nymark walked 3:51:06 to win by more than 2 minutes over Jesus Sanchez, of Mexico. . . In the NAAI Championships, Tina Peters of Goshen won the women's 3 in 14:58 and Josh Wiseman of Cedarville won the men's race in 12:39.88. . . Jared Tallent and Cheryl Webb won Australian 20 Km titles in 1:19:42 and 1:29:44, respectively. . . Valerriy Borchin and Olga Kaniskina won Russian Winter Walks 20 Km races in 1:17:38 and 1:24:56. . . Spain's 20 Km ace Francisco Fernandez debuted at 50 with an impressive 3:41:12.

Thus concludes the historic issue that launches the 50th year of the Ohio Racewalker an occurrence neither I nor co-conspirator Jack Blackburn ever visualized back in March of 1965 when the first issue was dropped in the mail to a few unexpecting individuals purely on speculation that there might be a second or even third issue. More will follow, but never any guarantees of for how long. The hope is that it has provided some link to the wonderful world of racewalking for those with a passion. Enjoy.